

**Its' the law: all children under the age of 8 must be restrained in an appropriate child restraint system while riding in a motor vehicle.**

## **CAPITAL REGION FITTING STATIONS**



**BY APPOINTMENT ONLY**

### **ALBANY COUNTY**

#### **AAA Hudson Valley**

618 Delaware Ave. Albany, NY 12209  
Contact: Laurie Prividera at: (518) 426-1000 ext. 2441  
Or : Mike Sweeney at:(518) 426-1000 ext. 2442  
Or email: trafficsafety@aaahv.com

#### **City of Albany Police Department**

536 Western Ave., Albany, NY 12203  
Contact: Robert Forezzi at 427-4355  
Or email: carseats@albany-ny.org

#### **Albany County DPW**

Traffic Safety Education Program  
449 New Salem Rd. Voorheesville, NY 12186  
Contact: Bill Van Alstyne at: 765-2565

#### **Town of Bethlehem Police Department**

Delmar Fire Department  
145 Adams Street, Delmar, NY 12054  
Contact: Lt. Thomas Heffernan at: 439-9973

#### **City of Cohoes Police Department**

97 Mohawk Street, Cohoes, NY 12047  
Contact: Officer Chad Robillard at: 237-5333

#### **Town of Colonie Police Department**

312 Wolf Road, Latham, NY 12110  
Contact: Community Services at: 782-2662

#### **New York State Police Troop G**

760 Troy-Schenectady Rd., Latham, NY 12110  
Contact: Troop G Traffic Section at:  
(518) 783-3258

### **RENSSELAER COUNTY**

#### **City of Troy Police Department**

55 State Street, Troy, NY 12180  
Contact: Community Service Division at:  
270-4689

#### **Rensselaer City Police Department**

201 Broadway, Rensselaer, NY 12144  
Contact: (518) 462-7451

#### **Town of Shodack Police Department**

1797 Colombia Turnpike, Castleton, NY 12033  
Friday – Monday 6 pm – 4 am –By Appointment  
Contact: Officer Mike Miller at:(518) 477-8077

### **SARATOGA COUNTY**

#### **Cornell Cooperative Ext.of Saratoga**

50 West High Street, Ballston Spa, NY 12020  
Contact Cindy Dort at: (518) 885-8995 ext 228

#### **Mechanicville Police Department**

36 North Main Street, Mechanicville, NY 12118  
Contact : Patrolman John Pugliese at:  
(518) 664-7383

### **SCHENECTADY COUNTY**

#### **Town of Glenville Police Department**

18 Glenridge Road, Glenville, NY 12302  
Contact Glenville Safety Team at: 384-0137

#### **Town of Niskayuna Police Department**

1 Niskayuna Circle, Niskayuna, NY 12309  
Contact Patrolman Michael Terwilliger or  
Patrolman John Serotta at: (518) 374-3159

#### **Town of Rotterdam Police Department**

40 West Campbell Road, Rotterdam, NY 12306  
First & Third Thursday of the month  
Contact: (518) 355-7331

#### **AAA Northway**

1626 Union Street, Schenectady, NY 12305  
Contact: Kelley Baker at: (518) 761-6058

### **WARREN COUNTY**

#### **AAA Northway**

345 Bay Road, Queensbury, NY 12804  
Contact : Kelley Baker at: 761-6058

### **WASHINGTON COUNTY**

#### **Washington County Public Health**

415 Lower Main Street, Hudson Falls, NY 12839  
Contact: Elizabeth St. John at:  
(518) 746-2400 ext. 3478

For More Information: [www.safeny.ny.gov](http://www.safeny.ny.gov)

Using the correct car seat or booster seat can be a lifesaver: make sure your child is always buckled in an age- and size-appropriate car seat or booster seat.



**REAR-FACING CAR SEAT**

**Birth up to Age 2\***  
Buckle children in a rear-facing seat until age 2 or when they reach the upper weight or height limit of that seat.



**FORWARD-FACING CAR SEAT**

**Age 2 up to at least age 5\***  
When children outgrow their rear-facing seat, they should be buckled in a forward-facing car seat until at least age 5 or when they reach the upper weight or height limit of that seat.



**BOOSTER SEAT**

**Age 5 up until seat belts fit properly\***  
Once children outgrow their forward-facing seat, they should be buckled in a booster seat until seat belts fit properly. The recommended height for proper seat belt fit is 57 inches tall.



**SEAT BELT**

**Once seat belts fit properly without a booster seat**  
Children no longer need to use a booster seat once seat belts fit them properly. Seat belts fit properly when the lap belt lays across the upper thighs (not the stomach) and the shoulder belt lays across the chest (not the neck).

**Keep children ages 12 and under in the back seat. Never place a rear-facing car seat in front of an active air bag.**

*\*Recommended age ranges for each seat type vary to account for differences in child growth and height/weight limits of car seats and booster seats. Use the car seat or booster seat owner's manual to check installation and the seat height/weight limits, and proper seat use.*

Child safety seat recommendations: American Academy of Pediatrics.  
Graphic design: adapted from National Highway Traffic Safety Administration.  
[www.cdc.gov/motorvehiclesafety/cps](http://www.cdc.gov/motorvehiclesafety/cps)

